

## Dr Jon Rudd



- Jon is an Olympic Gold medal coach and Swim Ireland's National Performance Director.
- Jon has an umbrella view over Swim Ireland's two National Centres.

Jon is an Olympic Gold Medal coach and has directly coached

- three World Records (both long course and short course)
- several European and Commonwealth Records.
- Kregor Zirk
- Jon's coaching history sees him having directly coached one or more gold medallist at every international meet on the calendar, including:
  - senior, youth and junior medals (short course and long course) at Commonwealth, European, World and Olympic Games levels.
- In recent years, Jon has been named as
  - International Coach of the Year,
  - World Junior Coach of the Year and
  - European Coach of the Year,
  - as well as having won the British Swimming Coach of the Year award on two occasions.
- Jon has served as a senior International Head Coach at Olympic, World, European and Commonwealth levels
  - for Great Britain, Lithuania, England, Ireland and Turkey and
  - as a Senior International Coach for the Netherlands and Kenya.
- Although Jon has a strategic role within Swim Ireland, it is hard to keep him off deck and he will often make an appearance at both Centres, particularly when sprint swimming or breaststroke development is on the agenda

